

International travel packing list



Documents and money

- ◯ ID card or passport required in your destination
- ◯ Child's travel document, if applicable
- ◯ Visa or electronic travel authorization, if required
- ◯ Tickets and boarding passes
- ◯ Accommodation booking confirmation
- ◯ Insurance policy
- ◯ EHIC, if applicable
- ◯ Paperwork for medication you're carrying, if required
- ◯ Copies of documents and key contacts saved offline
- ◯ Main payment card
- ◯ Backup card kept separately
- ◯ A small amount of local cash

Health and electronics

- ◯ Medications you take regularly
- ◯ Basic travel first aid kit
- ◯ Sunscreen
- ◯ Insect repellent, if needed
- ◯ Prescription glasses or contact lenses
- ◯ Phone
- ◯ Phone charger
- ◯ Power bank approved for flying
- ◯ Plug adapter, if needed
- ◯ eSIM, local SIM card or active roaming

Clothes and personal items

- ◯ Underwear
- ◯ Socks
- ◯ T-shirts or tops
- ◯ Pants, skirt or shorts
- ◯ Sleepwear
- ◯ A warm layer
- ◯ Rain jacket or poncho
- ◯ Comfortable walking shoes
- ◯ Swimsuit, if needed
- ◯ Hat
- ◯ Sunglasses
- ◯ Basic toiletries
- ◯ Period products, if needed
- ◯ Small bag or daypack

Tasks before you go

- ◯ Check entry and transit rules and document validity
- ◯ Check your foreign ministry's travel advice and register your trip, if it offers that
- ◯ Check your insurance coverage and EHIC expiry date
- ◯ Check vaccinations and the rules for carrying medication
- ◯ Check baggage, liquid and battery limits
- ◯ Check roaming and the local plug type
- ◯ Download maps, tickets and documents for offline use
- ◯ Share your itinerary with someone close to you
- ◯ Check the weather before you close your suitcase
- ◯ Confirm check-in and your route to the airport
- ◯ Charge your phone and power bank
- ◯ Pack a kit for your first day in your carry-on

Listonic

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