

Walmart grocery list



Produce

- ◯ Bananas
- ◯ Apples
- ◯ Baby carrots
- ◯ Romaine lettuce
- ◯ Yellow onions
- ◯ Russet potatoes

Meat and seafood

- ◯ Chicken breasts
- ◯ Ground beef
- ◯ Pork chops
- ◯ Bacon
- ◯ Deli turkey
- ◯ Salmon fillets

Dairy and eggs

- ◯ Milk
- ◯ Large eggs
- ◯ Butter
- ◯ Shredded cheese
- ◯ Greek yogurt
- ◯ Sour cream

Bread and bakery

- ◯ Sandwich bread
- ◯ Bagels
- ◯ Flour tortillas
- ◯ Hamburger buns
- ◯ English muffins
- ◯ Pita bread

Pantry staples

- ◯ Rice
- ◯ Spaghetti
- ◯ Pasta sauce
- ◯ Canned black beans
- ◯ Peanut butter
- ◯ Olive oil

Frozen

- ◯ Frozen broccoli
- ◯ Frozen berries
- ◯ Frozen shrimp
- ◯ Frozen waffles
- ◯ Frozen pizza
- ◯ Ice cream

Snacks and drinks

- ◯ Tortilla chips
- ◯ Salsa
- ◯ Granola bars
- ◯ Coffee
- ◯ Orange juice
- ◯ Sparkling water

Household and paper

- ◯ Paper towels
- ◯ Toilet paper
- ◯ Dish soap
- ◯ Laundry detergent
- ◯ Trash bags
- ◯ Aluminum foil

Listonic

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